

New Eltham Joggers with support from the SEnine Magazine
raising funds for the Greenwich & Bexley Cottage Hospice

Eltham Park 5



Enjoy a serious run through Eltham Parks North and South and Shepherdleas Wood.

Multi-terrain accurately measured course.

Make it a fun family event.

Why not challenge work or school mates or enter a team to compete.

Refreshments and changing facilities available. Medals to all finishers and prizes for 5 mile and 3.5 km event.

Sunday June 7th 2009

Eltham Park South

Glenesk Road SE9 1AH

10.00 am 3.5 km run starts

10.30 am 1 mile family fun run starts

11.00 am 5 mile run starts

Official entry form

On line entries can be made at www.sportsystems.net/newelthamjoggers

First Name Last name male/female

Address post code

Date of Birth Age on race day

Phone Email@.....

Event to enter Family fun run 3.5 km 5 Mile

£2.00

£3.50

£6.00 affiliated

Entry on the day to 3.5 km and 5 mile events is £2.00 extra, so preregister. £8.00 unaffiliated

Details of affiliated club

Send completed application form, an A5 SAE and a cheque - payable to the New Eltham Joggers to
The Race Director, 114 Dumbreck Road, Eltham SE9 1XD

www.newelthamjoggers.co.uk

enquiries@newelthamjoggers.co.uk

I am medically fit to run and will abide by the UKA rules for competition and will in no way hold the organisers responsible for any injury, accident or illness to my person, or loss of property, resulting from my participation in this event

Signed _____

Date _____