

New Eltham Joggers in association with  
Greenwich & Bexley Cottage Hospice present the

# ELTHAM PARK 5

(Incorporating 3.5K and 1 mile Fun Run)

(Formerly the Sharon Daniels-Norbury 5)  
SEAA Permit Applied For

## Sunday 8<sup>th</sup> June 2008

Sponsored by

**3.5k Run starts at 10.00 am**

**1 mile Family Fun Run starts at 10.30 am**

**5 mile Run starts at 11.00 am**

TROUP  
BYWATERS  
+ ANDERS

50  
years  
CELEBRATING 50 YEARS OF  
BRINGING BUILDINGS TO LIFE

**Eltham Park South, Glenesk Road, Eltham, SE9**

*Enjoy a run through Eltham Parks North and South and Shepherdleas Wood over a multi-terrain accurately measured course. Refreshments and changing facilities available. Medals to all finishers, prizes for 5 mile and 3.5k events.*

### ENTRY DETAILS

Full Name.....Male/Female

Address .....

.....Postcode .....

Date of birth .....Age on Race Day.....

Contact phone no. ....Email address .....

Please circle event:      Family Fun Run                      3.5k Mile                      5 Mile

Details of Affiliated Club .....

Fun Run - £1

3.5k Run – Entry £2.50

5 Mile Run - Advanced fee £6 (affiliated), £8 (unaffiliated)

Entry on the day £1 extra



Send completed application form, an A5 s.a.e. and cheque (payable to New Eltham Joggers) to  
The Race Director, 114 Dumbreck Road, Eltham, SE9 1XD. Website-[www.newelthamjoggers.co.uk](http://www.newelthamjoggers.co.uk).  
Enter online: [www.sportsystems.net/newelthamjoggers](http://www.sportsystems.net/newelthamjoggers) Email: [enquiries@newelthamjoggers.co.uk](mailto:enquiries@newelthamjoggers.co.uk).  
**POSTAL CLOSING DATE 31<sup>st</sup> May 2008**

*I am medically fit to run and will abide by the UKA Rules for Competition and will in no way hold the organisers responsible for any injury, accident or illness to my person, or loss of property, resulting from my participation in this event.*

Signed .....Date .....